



PERSONAL INFORMATION

Name _____

Address _____

Email _____

Cell Number _____

Alternate Number _____

Emergency Contact:

Name _____

Phone Number _____

Relationship _____

MEDICAL HISTORY

Please note: Your answers are requested in case of emergency and will not be used in any way as criteria for your application.

How would you evaluate your current health?

Do you suffer from epilepsy, diabetes, are you pregnant, or do you plan on becoming pregnant during the teacher training?

Please list any prescribed medications that you are taking

Is there anything else we should know about your medical history?

ABOUT YOU

How long have you been practicing yoga? How often do you practice?

What studios do you attend? Do you have a home practice?

What styles of yoga are you familiar with? Who are/have been your primary teachers?

What are you expecting or hoping to learn from the Source Yoga Teacher Training? Do you plan on teaching yoga?

Something fun that you'd like to share about who you are?

Please check boxes indicating which of these modalities you have experienced and how many times:

	Once	10 times or less	More than 10	More than 50
Talk Therapy				
Psychiatry				
Psychology				
Acupuncture				
Thai Massage				
Shiatsu				
Deep Tissue				
Swedish				
Barefoot				
Acupressure				
Tui Na				
Reiki				
Herbal medicine				
Naturopathy				
Homeopathy				
Fasting/cleansing				
Colon therapy				

If you've taken trainings in these modalities, please expound here:

All information is completely private, confidential, and voluntary and just for the teachers deeper understanding of your process if you wish. This is not a basis for evaluation.

Please print this application, complete it, and mail it to
 Source Yoga, 1911 De La Vina Street #G, Santa Barbara, CA 93101.

Source Yoga 200 Hour Teacher Training Refund Policy

A \$500 non-refundable deposit is due with your application. Full payment is required no later than the start of the program. Your payment is due in full by the early bird registration date in order to receive the discounted rate.

I understand that if I fulfill all the requirements of the Source Yoga Teacher Training, including in-class hours, homework, quizzes and final exam, I will receive a certificate of completion, which can be submitted to the Yoga Alliance or a prospective employer as evidence that I have completed a 200-hour Teacher Training program.

I understand that Source Yoga reserves the right to ask me to leave the program if my behavior is inappropriate, unethical or violates the Yoga Alliance ethical guidelines. Under such circumstances I understand I will not be refunded my tuition.

I understand that if I cancel 14 days prior to the start of the training, my deposit may be transferred toward a future Teacher Training and will be refunded my remaining balance. If I cancel within 14 days of the start of the training, I will forfeit my \$500 deposit but my remaining balance will be refunded.

Once the program begins, tuition is non-refundable and non-transferable.

I have read and accept the above terms and requirements: Yes No

Signature _____ Date _____

Source Ethics Agreement

As a Yoga Teacher Trainee, Source Yoga recommends that you read the Yoga Alliance Code of Conduct for acceptable, ethical, and professional behavioral guidelines, which all Registered Yoga Teachers and Registered Yoga Schools agree to abide by. These are minimal guidelines to adhere to.

As it ethics and code of conduct pertain to Source Yoga, we encourage that you abstain from unhealthy and distracting behavior during your course of teacher training. This includes but is not limited to excesses in diet, sexual behavior, and mind-altering substances including alcohol. Please respect the spiritual and experiential processes of your fellow trainees.

We will strive to maintain a safe space for personal exploration and integration of the information that you are learning. This includes respect for diversity of opinion and the dignity of our students.

Most of all, we want to create an environment that is conducive to learning, exploration, and play.